Solano Family & Children's Services
Your Child Care & Resource Connection

421 Executive Court North ♦ Fairfield, CA 94534-4019
Main: (707) 863-3950 ♦ Fax: (707) 863-3975
Email: info@solanofamily.org ♦ www.solanofamily.org

Building for the Future

Dear Parent,

This child care facility participates in the Child and Adult Care Food Program (CACFP). This program is sponsored by Solano Family and Children's Services, administered by the State Department of Social Services, and federally funded by the United States Department of Agriculture, (USDA).

As participants on the CACFP, both your child and his or her provider benefit! Your child's provider receives ongoing training on the nutritional needs of children of all ages with technical assistance at her fingertips. Well-nourished children are sick less often, learn more effectively, and behave better.

Your child benefits by receiving nutritional meals that meet the requirements of the USDA.
Foods will be served from the five basic food groups: Milk, Proteins, Grains/Breads, Fruits and Vegetables. Depending on the time your child attends, the provider will be reimbursed for up to two main meals and one snack or one main meal and two snacks per child per day. The guidelines for meals are as follows:

Breakfast	Lunch/Dinner	Snacks
Milk	Milk	Two choices
Fruit or Vegetable	Protein	from the
Grain/Bread OR a	1 Vegetable and 1 Fruit/Veg	five food
Protein substitute up to 3X a week	Grain/Bread	groups

If you are a parent of an infant, your provider is **required** to offer an iron-fortified infant formula that meets the requirements of the guidelines in which she has been trained. If you refuse the offered formula or are providing breast milk, your provider can still be reimbursed as long as your provider is supplying the other components as they are introduced into your infant's meal pattern.

The ultimate purpose of this program is to instill healthy eating habits that will hopefully last a lifetime. It plays a vital role in improving the quality of child care and making it more affordable.

If you have any questions or concerns about the program, please feel free to contact any representative from the Child Care Food Program staff at (707) 863-3950 and we will be more than happy to assist you. Additional contacts are:

CDSS Child and Adult Care Food Program
744 P Street, MS 9-13-290
Sacramento, CA 95814
833-559-2418

USDA, Director
Office of Civil Rights
1400 Independence Ave, SW
Washington, DC 20250-9410
(800) 795-3272

Sincerely,
Child and Adult Care Food Program Staff

USDA is an equal opportunity provider and employer