
CHILD AND ADULT CARE FOOD PROGRAM TRAINING PACKET 2022 - 2023

**Child Meal Pattern
Infant Meal Pattern
Best Practices for Menu Planning
Safe Feeding Practices to Prevent Choking
Ounce Equivalents for Grains for Children
Ounce Equivalents for Grains for Infants
Adding Whole Grains to your Menu
Choose Breakfast Cereals Lower in Sugar
Serving Milk in the CACFP
Crediting Fluid Milk in the Child Nutrition Programs
Offering Water
Meat and Meat Alternates at Breakfast
Vegetable Crediting Requirements
Team Nutrition Quizzes
Nibbles for Health Nutrition Newsletters
Food Buying Guide Interactive Web-Based Tool
Civil Rights Handbook
Serious Deficiency Process
Retention of Source Documents
Women Infants and Children Program
Snack Inspirations 240 Snack Ideas
Recipes**

This information meets the requirements for the mandatory nutrition training for the Child and Adult Care Food Program for October 1, 2022 – September 30, 2023, fiscal year. I have reviewed the information and will abide by the CACFP regulations.

Provider (Print) Name: _____

Sign: _____

Date training was completed: _____