
**CHILD AND ADULT CARE FOOD PROGRAM
TRAINING PACKET 2021 - 2022**

**Meal Patterns and Crediting Handbook
Nutrition Facts Labels in CACFP
Ounce Equivalents for Grains/Whole Grain Rich Foods/Gluten Free/Single Serving
Milk Nutrient Requirements and Limiting sugar in Yogurt
Civil Rights/Serious Deficiency Process
Retention of Source Documents
Women Infants and Children Program**

Provider (Print) Name: _____

Sign: _____

Date training was completed: _____

- ♦ *CACFP Meal Patterns and CACFP Crediting Handbook*
- ♦ *Nutrition Facts Labels in CACFP*
- ♦ *Whole Grains: Ounce Equivalents for Grains/Identifying Whole Grains/Gluten Free and Crediting Single-Serving Grains*
- ♦ *Milk: Substitute Nutrient Requirements/Parental Request/Medical Statement*
- ♦ *Choosing Yogurts Lower in Sugar*
- ♦ *Civil Rights Statement*
- ♦ *Serious Deficiency Process*
- ♦ *Retention of Source Documents*
- ♦ *Vitamin ABC'S*
- ♦ *Muffin Tin Recipes and Grover's Banana Oat Squares*
- ♦ *Methods for Healthy Cooking*
- ♦ *Women Infants and Children Program information*

This information meets the requirements for the mandatory nutrition training for the Child and Adult Care Food Program for this fiscal year (October 2021 – September 2022)